



修訂於 2025 年 7 月 21 日  
Revised at 21 July 2025

## 乒乓球比賽

### Table Tennis Competition



主辦：  
Organiser

康樂及文化事務署  
Leisure and Cultural  
Services Department



金贊助：

Gold Sponsors

銀贊助：  
Silver Sponsors



### 參賽者須知

#### Notes to Participants

1. 各參賽者／參賽隊伍領隊／教練／機構聯絡人請注意：所有參賽者或其家長／監護人必須簽署「年滿十八歲的參賽者聲明」或「未滿十八歲的參賽者聲明」，並寄回、交回或傳真（傳真號碼：2634 0786）至新界沙田排頭街 1 至 3 號康樂及文化事務署總部 2 樓康樂及文化事務署大型活動組。如任何參賽者未能於賽事開始前簽署及遞交「參賽者聲明」，大會有權取消其參賽資格。  
**All participants/team leaders/coaches/contact persons of participating organisations should be noticed:** All participants or their parents/guardians must sign the “Declaration by Participants aged 18 or above” or “Declaration by Participants aged below 18” and return it by post, in person or by fax to the Major Events Section of the Leisure and Cultural Services Department (Address: 2/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, New Territories; Fax no.: 2634 0786). **If any participant fails to submit the “Declaration by Participants” before the commencement of the competition, the Organiser reserves the right to disqualify him/her from participating in the competition.**
2. 比賽地點：歌和老街壁球及乒乓球中心  
Venue of Competition: Cornwall Street Squash and Table Tennis Centre
3. 比賽日期：2025 年 7 月 19 日至 8 月 16 日（包括後備日）  
Date of Competition: 19 July to 16 August 2025 (including fallback days)
4. 賽制：  
Format
  - (i) 所有項目均採用單淘汰制，每局 11 分。  
A single knockout system will be adopted for all events with 11 points per game.
  - (ii) 單打項目及雙打項目的所有賽事均採用 5 局 3 勝制。  
For Singles and Doubles Events, all matches will adopt the “best of 5 games” system.
  - (iii) 隊際項目採用 3 場 2 勝制，比賽次序為男單、混雙和女單，每場賽事採用 5 局 3 勝制。  
Team Events will be decided by the “best of 3 matches” system in the order of Men’s Singles, Mixed Doubles and Women’s Singles. Each match will adopt the “best of 5 games” system.

- (iv) 每名參賽者只可參加最多 2 個項目，其中必須包括隊際項目（即參加單打和隊際或雙打和隊際）。

Each participant may participate in a maximum of 2 events, one of which must be a team event (i.e. singles and team event or doubles and team event).

- (v) 隊際賽事每隊必須派出最少 2 男 1 女／2 女 1 男隊員到場出賽，否則作棄權論。

In the Team Events, each team must consist of a minimum of 2 male and 1 female / 2 female and 1 male participants to compete in the matches. Teams that do not meet this requirement will be regarded as having withdrawn from the event.

5. 參賽人數／隊數：

Number of participants/teams:

項目 Event	組 別 Group	參賽人數／隊數 Number of participants/ teams	
男子單打 Men's Singles	甲組 Group A	48 名	48 participants
	乙組 Group B	10 名	10 participants
女子單打 Women's Singles	甲組 Group A	32 名	32 participants
	乙組 Group B	4 名	4 participants
男子雙打 Men's Doubles	甲組 Group A	32 隊	32 teams
	乙組 Group B	6 隊	6 teams
女子雙打 Women's Doubles	甲組 Group A	32 隊	32 teams
	乙組 Group B	3 隊	3 teams
隊際 Team Event	甲組 Group A	48 隊	48 teams
	乙組 Group B	7 隊	7 teams

6. 雙方領隊、教練或隊長須填妥出場表並於球賽開始前 15 分鐘交到報到處。各參賽者亦須親自攜同附有相片的有效身份證明文件正本（例如：香港永久性居民身份證、香港居民身份證）到報到處報到，如無法出示證件或被發現身份不符，一律不准出賽，以及不得換人補上。

The team leaders/coaches/captains of both teams shall duly complete and submit the lists of participants to the registration counter 15 minutes before the commencement of the match. All participants shall report to the registration counter in person with the originals of their valid photo-bearing identity documents (e.g. Hong Kong Permanent Identity Card, Hong Kong Identity Card). Any participant who fails to produce his/her valid identity document or whose identity is found unmatched will not be allowed to participate in the competition and no replacement of athletes will be allowed.

7. 各參賽者／隊伍必須依照大會編定的時間出場比賽。於裁判召集出場後 5 分鐘內仍未能出場或隊際比賽的參賽人數不足，將作棄權論。（時間以大會計時鐘為準）。

Each participant/team shall turn up at the scheduled time for the match. If a participant fails to turn up or a team fails to turn up within 5 minutes after the roll call made by the referee, the participant/team will be regarded as having withdrawn from the event. (The Organiser's clock shall be the official clock.)

8. 如被發現冒名頂替，或有參賽者／參賽隊伍違反賽規或有不良行為而影響賽事，大會有權取消其個人／有關隊伍的參賽資格，所得成績亦會作廢。

Any participant is found to be imposters or participant/team who violates the regulations or has any misconduct which might affect the competition, the Organiser has the right to disqualify him/her/the team from the competition and the results he/she/the team has achieved will be cancelled.

9. 參賽者／隊伍若在賽事中棄權，會被取消參賽資格，不能參與餘下的賽事，其所得名次及積分會被全數取消，惟以下情況除外：

- 進入 4 強賽至決賽的參賽者／隊伍如因傷病或公事未能參與賽事，但能提供分別由註冊醫生或該機構簽署的相關證明文件，其在最後一場賽事所得的名次和積分可獲保留。該隊領隊／教練／聯絡人必須於賽事開始前或該參賽者／隊伍缺席賽事後 2 個工作天內向大會提供有關證明文件，逾時提交者作棄權論。

If a participant/team withdraws from a match, he/she/the teams will be disqualified from playing in the remaining matches. All positions obtained and points scored by the participants/teams will be cancelled except in the following circumstance:

- If a participant/team fails to turn up in the semi-final and final due to injury/illness or other engagements, the positions the participant/team obtained and the points he/she/the team scored in the last match will be retained if he/she/the team can produce relevant supporting documents issued by registered medical practitioners or the organisation. The team leader/coach/contact person is required to provide the relevant supporting documents before the start of the match or within 2 working days after the match from which the participant/team is absent. The participant/team who is late in submitting the supporting documents will be regarded as having withdrawn from the event.

10. 在隊際項目中，參賽者若在該場賽事中棄權／比賽中途受傷不能作賽，大會將判該參賽者為負方，並繼續進行下一場仍未完成的隊際賽事，直至任何一方於三場兩勝制中勝出。

If a participant withdraws/injury from a match under team events, the participant will be determined as loser in the match. The remaining matches will be continued until any team win 2 matches.

11. 除在比賽回合中，參賽者可在任何時間接受場外指導，但不得對賽事構成任何延誤；經批准的人士若提供不合法的場外指導，裁判員將舉起黃咭警告，若再犯者將被驅離賽區。

Participants may receive advice at any time except during rallies provided play is not thereby delayed; if any authorised person gives advice illegally the umpire shall hold up a yellow card to warn him or her that any further such offence will result in his or her dismissal from the playing area.

12. 於 2025 年 6 月 20 日（星期五）後，所有參賽機構均不得更改參賽者名單。如有隊際項目的參賽者辭職或受傷，而有關機構欲更改參賽者名單，須盡快於辦公時間內向大會提出書面申請，並提交受傷參賽者的醫生證明書或有關機構認可的證明，大會才會因應個別情況作出考慮。

Any change of the list of participants is not allowed after 20 June 2025 (Friday). In case of resignation or injury of any participant in Team Events, application for change of the list will only be considered on a case-by-case basis provided that the application is made in a written form within the office hours to the Organiser as soon as possible and attached with the medical certificate(s) of the injured person(s) or approved document issued by the organisation.

13. 如發現機構呈交的參賽者資料與參賽者身份證上的資料不符，大會有權取消其參賽資格。

The Organiser reserves the right to disqualify a participant if there is any discrepancy between personal information shown on his/her identity document and those submitted by his/her organisation.

14. 所有賽事均使用由大會提供的合規格乒乓球作賽。

Approved table tennis balls provided by the Organiser shall be used in all matches.

15. 參賽者須自備球拍，球拍 2 面(不論是否有覆蓋物)均應為無光澤，一面為黑色，另一面為鮮色，且與黑色及乒乓球的顏色有明顯區別。球拍覆蓋物不得經過任何物理、化學或其他處理，其規格亦須獲國際乒乓球聯合會現時批准使用。有關球拍覆蓋物的詳細資料，可查閱中國香港乒乓總會的網頁：[https://www.hkttta.org.hk/referee/application/ITTF\\_Rules.html](https://www.hkttta.org.hk/referee/application/ITTF_Rules.html)

Participants should use their own rackets. The surface of both sides of the blade (whether covered or not) shall be matt, black on one side, and of a bright colour clearly distinguishable from black and from the colour of the table tennis ball on the other. The racket covering shall be used without any physical, chemical or other treatment, and shall be of a specification that is currently approved by the ITTF. For details of the covering material, please refer to the Hong Kong, China Table Tennis Association's website at [https://www.hkttta.org.hk/referee/application/ITTF\\_Rules.html](https://www.hkttta.org.hk/referee/application/ITTF_Rules.html).

16. 比賽時參賽者必須穿着短袖球衣及不過膝短運動褲／裙（球衣／運動褲／裙主色不得為白色或類似顏色），否則大會有權取消其參賽資格。

Participants should wear a short-sleeved jersey and shorts/skirts with the length not going below the

knees (main colour of the jersey/shorts/skirts shall not be white or near to white) during the competition. Otherwise, the Organiser reserves the right to disqualify the participant(s).

17. 雙打項目及隊際項目同一隊伍的參賽者**必須**穿着劃一顏色及款式的短袖球衣參賽。每名參賽者須預備 2 件同款但顏色顯著不同的球衣，以便與對賽運動員球衣顏色相撞時替換。

Participants of the same team in the Doubles Event and Team Event **must wear** short-sleeved jerseys of the same colour and design. Each participant shall prepare two sets of jerseys of the same design but in significantly different colours for replacement in case competitors in the same match wear jerseys of the same colour.

18. 參賽者必須穿着不脫色運動鞋作賽。

Participants should wear nonmarking sports shoes during the competition.

19. 如在比賽當日，第一輪賽事報到時間前 2 小時，香港天文台已發出 8 號熱帶氣旋警告信號預警，或 8 號或以上熱帶氣旋警告信號或黑色暴雨警告信號仍然生效，該日賽事即告取消。大會稍後會通知各參賽者相應安排。

If the Pre-No. 8 Special Announcement has been issued by the Hong Kong Observatory 2 hours before the reporting time for the first round of matches on the competition day, or Tropical Cyclone Warning Signal No. 8 or above or Black Rainstorm Warning Signal is still in force, all matches on that day will be cancelled. The Organiser will notify the participants of the corresponding arrangements separately in due course.

20. 如環境保護署於比賽當日公布的空氣質素健康指數為 7 級或以上，有關比賽安排如下：

When the “Air Quality Health Index (AQHI) of 7 or above” has been issued by the Environmental Protection Department on the Competition day, the arrangement of the competition as at below:

**(a) 「高」健康風險級別（空氣質素健康指數：7）**

比賽如期舉行。環境保護署呼籲心臟病或呼吸系統疾病患者（如冠狀心臟病和其他心血管疾病、哮喘及慢性阻礙氣管疾病，包括慢性支氣管炎和肺氣腫）、兒童和長者應**減少**戶外體力消耗，以及**減少**在戶外逗留的時間，特別在交通繁忙地方。心臟病或呼吸系統疾病患者在參與體育活動前應諮詢醫生意見，在體能活動期間應多作歇息。由於空氣污染對不同人士的影響不一，如參賽者有疑問或感到不適，應徵詢醫生的意見。

**“High” health risk category (AQHI of 7)**

Competition will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly are advised to **reduce** outdoor physical exertion, and to **reduce** the time of their stay outdoors, especially in areas with heavy traffic. Participants with existing heart or respiratory illnesses should also seek advice from a medical doctor before participating in sports activities and take more breaks during physical activities. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

**(b) 「甚高」健康風險級別（空氣質素健康指數：8 至 10）**

比賽如期舉行。環境保護署呼籲心臟病或呼吸系統疾病患者（如冠狀心臟病和其他心血管疾病、哮喘及慢性阻礙氣管疾病，包括慢性支氣管炎和肺氣腫）、兒童和長者應**盡量減少**戶外體力消耗，以及**盡量減少**在戶外逗留的時間，特別在交通繁忙地方。一般市民應**減少**戶外體力消耗，以及**減少**在戶外逗留的時間，特別在交通繁忙地方。由於空氣污染對不同人士的影響不一，如參賽者有疑問或感到不適，應徵詢醫生的意見。

**“Very High” health risk category (AQHI of 8-10)**

Competition will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to **reduce to the minimum** outdoor physical exertion, and to **reduce to the minimum** the time of their stay outdoors, especially in areas with heavy traffic. The general public is advised to **reduce** outdoor physical exertion, and to **reduce** the time of their stay

outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

(c) 「嚴重」健康風險級別（空氣質素健康指數：10+）

比賽如期舉行。環境保護署呼籲心臟病或呼吸系統疾病患者（如冠狀心臟病和其他心血管疾病、哮喘及慢性阻礙氣管疾病，包括慢性支氣管炎和肺氣腫）、兒童和長者應**避免**戶外體力消耗，以及**避免**在戶外逗留，特別在交通繁忙地方。一般市民應**盡量減少**戶外體力消耗，以及**盡量減少**在戶外逗留的時間，特別在交通繁忙地方。由於空氣污染對不同人士的影響不一，如參賽者有疑問或感到不適，應徵詢醫生的意見。

“Serious” health risk category (AQHI Exceeding 10)

Competition will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to **avoid** outdoor physical exertion, and to **avoid** staying outdoors, especially in areas with heavy traffic. The general public is advised to **reduce to the minimum** outdoor physical exertion, and to **reduce to the minimum** the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

21. 當天文台發出酷熱天氣警告時，參賽者請留意於運動期間，應經常飲水以補充水分。若大量出汗，則需要補充少量鹽分。如感不適，應立刻停止運動，並盡快向醫生求診，切勿掉以輕心。  
When the “Very Hot Weather Warning” has been issued by the Observatory, participants are advised to drink water or fluid at frequent intervals when exercising. If sweating is excessive, replenishment with small amount of salt is recommended. Stop immediately when feeling unwell during exercise and consult a doctor without delay.
22. 大會有權因應特殊情況改期作賽或另作安排。如在比賽中出現突發情況，得由當場裁判或大會全權決定是否繼續進行比賽，參賽者不得異議。  
The Organiser has the right to change the date of a competition or make any alternative arrangements under special circumstances. Should anything unforeseeable happen during the competition, the referee on the spot or the Organiser has full discretion about whether the competition should continue and participants shall raise no objection.
23. 比賽期間，參賽者／隊伍如已進行其中一項比賽或初賽，即使其後因天氣惡劣或其他原因而不能參加餘下賽事，已繳交的報名費概不退還。  
For a participant/team who has already taken part in one of the events or the preliminary round during the competition, if the participant/team cannot participate in the remaining matches due to inclement weather or any other reasons, there shall be no refund of the entry fee already paid.
24. 參賽者必須任職於有關機構為「僱員」及年滿 15 歲。  
A participant shall be an employee of the participating organisation and 15 aged or above.
25. 「僱員」的定義為該僱員須在比賽截止遞交參賽者資料的日期前，已連續為參賽機構工作最少 4 星期，每星期工作最少 18 小時，以及在整段比賽期間一直受僱於該機構。  
The definition of “employee” — An employee who has been working continuously for the participating organisation for at least 4 weeks and at least 18 hours per week before the deadline for submission of participants’ particulars for the competition, and is employed by the same organisation throughout the competition period.
26. 為確保參賽者為參賽機構的僱員，大會有權要求參賽機構於 5 個工作天內出示有效的「僱傭合約」及強制性公積金供款紀錄，以證明參賽者為該機構的現職僱員。參賽機構須於報名前得到參賽者同意提供「僱傭合約」及強制性公積金供款紀錄予大會核查其僱員身份。如未能提供有關文件，該機構的參賽資格會被取消，已繳交的報名費概不退還。

**To ensure all the participants are employees of the participating organisation, the Organiser reserves the right to request the participating organisations to produce valid employment contracts and contribution records of Mandatory Provident Fund (MPF) within 5 working days to prove that the participants are existing employees of the organisation. Participating organisations are required to obtain the participants' consent to provide employment contracts and contribution records of MPF to the Organiser for verification of their employee status before registration. Organisations failing to produce such documents will be disqualified from the competition and there shall be no refund of the entry fees already paid.**

27. 參賽者必須遵守比賽場地內的各項守則及大會的各項宣布。  
Participants shall comply with all the rules and regulations prescribed by the competition venue and the announcements of the Organiser.
28. 大會保留權利拒絕讓違反以上規則的機構參加日後的工商機構運動會。  
The Organiser reserves the right to decline future participation of any organisation in breach of the above rules in the Corporate Games.
29. 大會有權把比賽成績向外公布。  
The Organiser has the right to release the results of the competition to the public.
30. 大會將會在賽事期間進行拍攝／錄影／播放，並有權在互聯網、康樂及文化事務署轄下場地、主辦機構的專題網站、刊物和其他宣傳渠道展示／刊載活動照片或片段，以作活動宣傳或紀錄。  
The Organiser will carry out photographing/video-filming/ broadcasting during the competitions, and has the right to display/publish the event photos or videos on the Internet, at venues of the Leisure and Cultural Services Department, on the dedicated website and in the publications of the Organiser, and through other publicity channels, for the promotion of activities or record purposes.
31. 大會不接受參賽者／隊伍的改期申請。  
No application for changing the date of any competition from a participant/team is accepted.
32. 各場比賽的執法工作由合資格裁判擔任，參賽者須服從裁判的判決。  
Judges of all matches will be served by qualified referees. All participants should abide by their decisions.
33. 大會不設上訴，所有賽果以裁判最後判決為準。  
No appeal will be accepted. The referees' decision on the competition results shall be final.
34. 參賽者攜來物品，請自行保管，如有遺失，大會概不負責。  
Participants are required to take care of their belongings. No liability shall be borne by the Organiser for loss.
35. 除本須知明文規定外，其餘均依照國際乒乓球聯合會的現行比賽規則辦理。如欲查閱有關球例，請瀏覽國際乒乓球聯合會的網頁：  
<https://www.ittf.com/committees/umpires-referees/documents/>  
Unless explicitly stated in this Guidelines to Participants, all rules and regulations will follow those presently adopted by the International Table Tennis Federation (ITTF). For details of the rules, please refer to the webpage of the ITTF:  
<https://www.ittf.com/committees/umpires-referees/documents/>
36. 大會保留隨時修改本須知而無需事先通知權利。  
If there is any inadequacy in this guideline, the Organiser reserves the right to amend at any time without giving any prior notice.